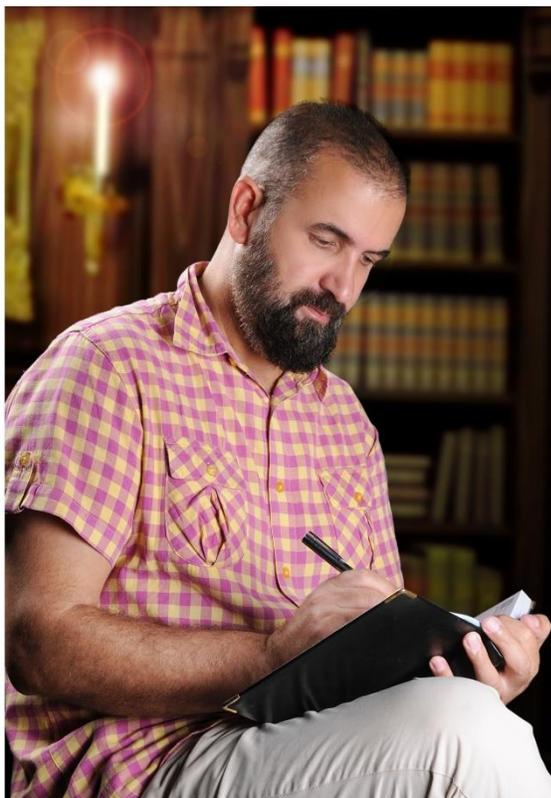


HUMAN MAGNETIC FORCE – HMF

THE WORLD'S MOST SUCCESSFUL
FORMULA FOR GOAL ACHIEVEMENT





I am Prof. Abdul Samad & I train people to live happy, healthy & successful life by understanding their natural powers and their relationship with this universe. During the last two decades, I have trained thousands of people around the world which has benefitted millions so far.

I am an author, anchor (hosted the top rated health show on HTV), motivational speaker, life coach, natural healer & a natural health expert.

My main courses are:

- ✓ SAMDA (World's Most Successful Healing System)
- ✓ HMF (Human Magnetic Force – Most Popular Life Success Formula for Goal Achievement)
- ✓ PMBL (Power of Mind & Body Language)

Though I have written many books on topics & courses mentioned above but those books have in-depth knowledge about universal healing powers and invisible powers present inside human beings, but the majority of my audience wanted to understand it in a simple way.

Today I am here with my new book on HMF (Human Magnetic Force) which is the most successful formula for goal achievement. HMF can change your life within a few hours. Once you get connected with universal magnetic powers, you start living a new life with a new, fresh and motivated mindset. I have also discussed the levels, the benefits and the experiences of HMF in this book which have not been discussed in my previous publications.

This book will take just around an hour to finish but you will get knowledge about an amazing and miraculous magnetic world which can make you attract anything you want. Once you are attuned to powerful magnetic forces, you can find and achieve your aim of life by setting daily, weekly, monthly & yearly goals.

HMF is **100% Proven Way to Achieve Your Goals**. It takes less than an hour to change your life with HMF but you need to get attunement and you can do it online from any corner of the world.



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Chapter# 1

What is Human Magnetic Force

When I grew up, I felt that I have an electric current like magnetic and healing power. I realized how I felt an electric current like shock on touching something. When I used to bring something (like a pen) near my body or my hair, it got stuck to it. So I realized that human beings have some power which is invisible and we call it magnetic power.

I further observed and realized that this power also exists in animals and snakes. Snakes can capture the view of their prey (like birds) from a distance and get it easily without any resistance from the prey. I noticed it many times in the forest. These findings made me more curious and I continued my journey of research over such invisible powers. Further, I observed the presence of this strong power in human beings, much higher than animals and other creatures.

You might have also observed it many times that sometimes a person with a very average personality attracts you a lot and sometimes a very good looking or a highly mannered person does not attract you at all. It's all about invisible magnetic power which is not linked with visible reality.

Ever since my childhood, I was curious to know about all these powers present inside the human being. That was the very reason why I preferred to stay away from crowds and notice each and everything responsible for success and failure in life.

I realized that there was present some kind of very amazing magnetic power in successful people which was not present in unsuccessful people. Even in some cases where I had no idea about the success status of a person I got a strong feeling of magnetic waves on just seeing him at a distance or hearing his name. It further strengthened my belief in the presence of strong magnetic power inside human beings, which creates a strong connection between us.

I also studied the law of attraction and found that in this universe everything has its own power of attraction (more or less) through which we attract other things and get attracted to them as well. Science also proves the power of magnetism in human beings through which we can get what we want.

As I mentioned above, this power is not confined to human beings, animals and birds also have this power of attraction through which they attract each other and understand the

good and bad intentions. They can feel it about human beings as well. They know what kind of person are you and what you are going to do with them.

Like once I was sitting on the beach, I saw a bird came near to me and sit there. After few minutes, he sat on my shoulder while he was not going to anyone else present over there. I was doing meditation at that time and science proves that during meditation, our brain produces waves of relaxation which creates positive vibes around us. So I thought that it might be due to the positive waves coming out of myself during the meditative activity. But later I noticed that even without sitting in meditation, birds, animals and children got attracted to me a lot...particularly the children.

When I started hosting my top-rated TV show, I experienced the same connection of attraction with my audience. The bond between me and my audience was so strong that they preferred watching my program for an hour, instead of viewing any other show that might be shown on the same channel for years. I was surprised that in just 2-3 months, my health show got to the top of the rating charts.

Children are attracted to me a lot and I also feel the same attraction towards them. I have many small friends as I feel a strong connection of love & attachment with them. Even when I used to do my TV show, some parents came to meet me and told that their very small children are fond of watching my TV show. I also had a simple but specific style to stand straight with joining my hand together. They asked their parent to switch on the TV to watch my program. They further told that most of them used to kiss the TV screen while watching my program. It happened in more than 10 cases where parents told me that their children made them watch my program and eventually come to meet me. This is how the rays of success or attraction come out of you and make others love you that much.

I have used the name of human magnetic force for this power through which you can attract anything you want.

Millions of people have been benefited from this power. My experience of having and feeling this power is much stronger than others but later in this book, I'll discuss how powerful thing it is and how it can be used for getting what you want.

It really works and I felt it since my childhood. Like when I was a child I used to admire authors a lot. I always used to think that writing books is a great work which an author can do and I became an author myself. Similarly, whatever I liked or admired in childhood, I got that in my life actually. I got everything I thought or imagined about so I know the way how to get anything in your life from start to end.



This power of attraction exists in plants too. Like in front of my house, there was a tree which I have planted myself. Every morning I used to do meditation or other spiritual activity under that tree. I noticed that during my stay at home, the growth of that tree was very good as compared to those days when I was away from home. It proved that its growth was influenced by my positive activities that helped it grow better in my presence.

You also have experienced this thing that sometimes you think about an idea and exactly the same thing comes into the mind of another person. It's due the power of attraction between us which creates a strong mind connection to think the same thing at the same time.

In SAMDA level 3, we energize plants or fruits as well to notice their growth. Like we did an experiment on 2 plants. We energized 1 plant and left the other to grow naturally. The energized plant grew much faster than the other one. Similarly, we energized 1 tomato and left others to see the difference. The one we energized stayed in the same healthy condition for longer time period while others decomposed faster due to the natural decay process.

Our students have also shared a lot of such experiences where they have energized something and it stayed longer than the expected time period. Like in one case, my student energized a drink (lassi) and it stayed fresh for 5 years. He came to my session with it and took a sip as well to show that his lassi was fresh even after passing 5 years. He wanted to keep it for a longer time period to see how long it can stay in its healthy condition.

We know that lassi is a drink, not a living thing but it worked over it as well. It means that it works for living and non-living both. You might have seen some examples in your life where non-living things showed an amazing power of connection with you.

I have observed this connection in non-living things at many places. Like at home if I wanted to open a closed door, it got opened. I knew that it happened due to the magnetic force but I believe that it was not from my side only. There must be present some kind attraction in that door as well which helped to create a connection between us and the door opened.

I have observed this connection with a non-living thing in case of a spiritual guru too. He was a very nice person. Once he collected few sticks of wood and said something to one of those sticks before putting them on the fire. I saw that fire burnt all sticks except the one he said something to. I asked him what he has read on that stick that kept it safe from the fire. He told that he read nothing special. He told that stick that he loves it



so it should resist and never let the fire burn it. The stick felt that power of love and saved itself from burning. That's it.

It proved that non-living things also have strong powers which connect them with us to make them act as we want.

Human magnetic force is such an invisible power inside human body which we start using from the very first moment we come into this world till the last breath we take. But we spend our whole life in ignorance, with no knowledge about this power and its proper use. This power creates a connection between human beings and this universe or the environment.

Different people give it different names. Some call it 'soul', some call it 'mind power'. Some use the term of 'gravity' or 'law of attraction' while some use the word of 'Unconscious' for it. There are some experts who use the term of 'human magnetic power' for it through which human beings can attract and conquer this universe.

It's not like the simple magnetic power which can only attract iron. It's also not like gravitational force which pulls everything towards it. It seems like such universal powers but it's not, it's something higher.

HMF is an intelligent power which understands everything about us and controls us accordingly. Science also proves that human beings have many invisible magnetic powers which we can't see through the naked eye. We need machines to observe them. These forces are called soul, aura, spiritual body, emotional body, electromagnetic body etc. but HMF is none of them.

This is not like an electromagnetic body which we can see through a machine. HMF is a power which controls all those invisible powers which we can see through machines or read in the books. Even it is above unconscious and subconscious mind. This power controls everything in our mind and body and improves our life. It protects us from various kinds of issues and leads us towards the path where we want to go. It creates light during the dark moments of our life.

It's above all known powers we read or hear about. It's present inside & outside us, and around the whole universe.

HMF is our best friend but we can't use it until we understand it completely.

Therefore I have designed a course, HMF (human magnetic force), to make you understand it the way you should. In this course, I attune the human magnetic power and make you feel it. This power vibrates your body but has no side effect at all.



Through this power, the goal achievement becomes much easier than before. You can achieve whatever you want through positive & practical approach. It has a lot of other benefits which I'll discuss later in this book.

First I want to discuss what is HMF?

You might have felt a current or a shock on touching something or someone but you ignored and never tried to know the reason behind it. Similarly, sometimes you see someone or witness a situation which you feel you have seen or witnessed before. Also, sometimes when you meet someone you feel you knew it unconsciously that you will meet that person or you feel that you have a connection with that person before meeting or seeing him.

It all happens due to this intelligent power which keeps informed & updated about the things we don't realize in everyday life and about the people or events we are going to see soon. It works all the time and update us what is going to happen but we don't listen to its continuous messages. We keep busy in our physical materialistic world all the time which creates more & more issues in our lives with every passing day.

However, those who listen to it and understand what it says, they live a happier and healthier life than others. They face fewer issues and get more success comparatively. World's most successful persons understand it and use it to do the best things no one has ever done before. They reach the top of their fields of activities and get what others can't even think about.

So it's such a powerful invisible force through which you can improve your life as you want. My students experience it when I attune them to HMF. Some take it as attraction, imagination or thinking power but I am telling you that it's not like that. It's above these things. There is a power which controls everything in this universe in an organized way, it's linked with that positive power. Science, metaphysics and psychology prove the presence of such invisible power which works behind soul, mind powers and spiritual bodies. It controls our mind, the mind controls the brain and the brain coordinates the whole body.

HMF is a higher level power. When we attune to HMF, we use it and get universal power as well to achieve our goals. We write goals and magnetize them to achieve them fast and successfully like never before.

If we try to explain HMF according to metaphysics, it's something above metaphysical power. If we see it as a healing force, it's not like cosmic rays but can heal wounds, can heal the broken thoughts and disturbed lives. It can reduce negativity and can increase the level of positivity. But it's not like other waves you have heard before like alpha, beta, gamma, theta, delta, x rays, infrared, electromagnetic etc. It's higher than these

powers in its working and impact on our lives. It's the power which controls all these forces and acts as a manager. It controls our emotions, brain waves, mind and everything responsible to run our life.

It means when we attune HMF we can understand people better. We become able to see into the future. But it all depends upon the level at which are you. You can feel these powers according to the level you are attuned to. I'll discuss the levels of HMF and the benefits of each level ahead.

HMF is an invisible power or force whatever you want to call it. It's the highest power which is gifted to us by the Creator of this universe. According to the religious point of view, you can call it the Creator's Power. Those who understand it and use it become grateful to the Creator while those who don't know it or don't want to understand it, spend whole life in complications. They always look ungrateful towards life and the Creator as well. Such people waste the whole life in chasing the material things which can give no real happiness or success in life.

Like whatever we learn in schools and colleges, that's all about our physical world. We prefer this kind of knowledge and its power but ignore our own power....the power which can make us successful in every aspect of our life, which can give us the peace of heart and mind and which can bring the real happiness in our lives and in the lives of our loved ones.

Some people understand this power but they don't know how to attune it for goal achievements.

Different people have different perceptions of HMF.

Some consider it coming from the 4th dimension. The 4th dimension comes after the 3 commonly known dimensions of matter (length, width, depth) but those who understand dimensions from the spiritual point of view know that it's not possible because 4th dimension is a negative dimension. I read it in detail how dimensions work according to the spiritual viewpoint. Science says that the 4th dimension is an invisible dimension which we can see through machines but spirituality says that it's a negative dimension where negative creatures live. It includes devil, negative energies, negative thinking and anything created by fire. In the 5th dimension, comes the positivity and all positive thinking which help us build a positive character and do positive things. The 6th dimension is for angels, the higher positive powers and the 7th dimension is linked with the highest spiritual powers which come from the Creator of this universe.

HMF is higher than 5th and 6th dimension and even than 7th dimension. It's positive power and can never be used for the achievement of negative goals. Only those who reach the highest level of spirituality like doing SAMDA 10, 11 and grand grand master



level or HMF master and grand master level can understand its real status. It's above the powers we see or are aware of in this world. Those who reach the higher level of HMF & SAMDA can understand it well.

Also those having a link with Chi Power of Kung Fu, take it as a part of these powers. I also learned Kung fu to see if it can enhance my powers and I felt that yes it can increase your spiritual powers but when I compared it with HMF, I found that HMF is something absolutely different and more powerful force.

Some people think that it's like our inner imagination power through which we get what we imagine. I agree that imagination has its own power to achieve what you think but in HMF you don't need to imagine anything. You get what you want. So it's higher than our imagination power.

People also link it with bioplasmic or vital power but it's not like that. It's higher than these powers. I have explained it in my books SAMDA Healing Energy, The Secret of Success and The Secret World of Healing Energies. I mentioned it in detail that you have this power inside yourself, you just need to understand it. If you read these books you will get enough knowledge about it from the healing point of view.

HMF is also a healing source. Those who do HMF with SAMDA feel that their healing powers have enhanced after doing HMF. It organizes the scattered and unbalanced life and enhances all kinds of skills and qualities you already have along with creating more qualities in yourself. It is such an invisible strong power that once you understand it, your whole life becomes peaceful, relaxed and successful.

Some experts of feng shui power tried to link it with their knowledge. Feng shui is a Chinese technique where they set everything at a specific position according to the flow of energy in order to create positive power inside or outside their homes. They use it for designing buildings as well and they believe that it's due to this power that they are successful in everything. They place things according to certain rules in order to emit positive rays all around.

So once I asked a Chinese to disturb the settings of these angles which are producing positive energies at his home and energize it with SAMDA level 3. In SAMDA level 3, we can energize everything we use or consume along with energizing the places to remove negative effects and produce positive energy all around. He agreed to do it but before disturbing the set angles as they are very conscious about these energies and don't want to take any risk. He did the same and energized his home and then disturb the set angles of feng shui. He really felt the positive energy of SAMDA level 3 without using his own technique and took it as a higher level of feng shui but it was not what he was thinking.



Some relate it with Shaman or reiki and some try to link it with Silva and NLP but it's not linked with either of them. Yes, we do apply some techniques to manage this power which I teach in my course PMBL (Power of mind & Body Language) but we can't mix it with above-mentioned powers.

When I say that it's none of the above-mentioned powers, people think that it must be something like higher spiritual or supernatural power which is so much surprising and powerful.

But I think spiritual power is a different thing. It's present in the outer world, the highest level of positive power coming from the Creator.

HMF is a positive power present inside you as a part of yourself and helps you to be more positive and organized. It means that spiritual power is different from it. Yes you can say that it is linked with spiritual power because SAMDA & HMF are both 100% positive powers and positivity is always linked with spirituality.

HMF is not like telepathy or telekinesis which can involve paranormal creatures. It's above these forces. Telepathy can be used for negative purposes as well but HMF is 100% positive power which is used to achieve great aims of life. I have never heard that anyone has ever achieved a great thing through telepathy. I practiced telepathy myself to understand it deeply and found no such influence we find in HMF only.

Similarly in telekinesis, we move things with the use of mind power but it can involve paranormal forces as well. While in HMF we bring changes in things or human beings but it's done through a very simple and easy way. No long-term meditation or spiritual activity is required in HMF.

On the other hand, telepathy & telekinesis involve long-term practices, the involvement of paranormal forces, difficult mind exercises and severe side effects as well. I have seen such people who claim to have paranormal creatures under their control to achieve what they want but such people mostly live an unhealthy and devastated life. They never enjoy a normal happy life. But HMF makes you improve your life every day in a normal & natural way. It pushes you to live a healthy, happy & successful life with no long-term practice at all. It gives you peace, contentment and hope.

No slavery or restriction is involved in HMF as you have seen in other types of spiritual teachings where your master or guru makes you bound to do specific things and to avoid certain things. He controls your life and doesn't allow you to learn other types of knowledge in the world. In HMF, your master asks for nothing. He simply makes you sit for few minutes in meditative condition and attunes the power inside you. After attunement, you can use it for life for achieving all kinds of positive goals.



The involvement of negative elements in above-mentioned methodologies causes severe side effect and creates a sense of greed and betrayal. They learn weird kinds of techniques to satisfy their greed and control other's lives. Such people have no home, no family and no peace of heart & mind.

They are not like those saints who possess pure positive spiritual powers and live a beautiful life with no concern of worldly pleasures or possessions. They can live happily and peacefully everywhere, in forests or on footpaths. Nothing can disturb the peace and tranquility of their life. They enjoy such an amazing sense of satisfaction in the forest that is not possible to get in castles.

HMF gives you a unique kind of happiness, sense of achievement and contentment. You feel like you are born today and going to live a real life. It eliminates all kinds of negative elements from your life successfully.

Once a person having a severe issue regarding some negative forces came to me. He told that he had done some special kind of spiritual activities to control the paranormal creature. Now he wanted to get rid of it by setting it free but this creature was not willing to leave his home. Even his family had left him and his neighbors also reported hearing the weird sounds coming out of his home while he was not at home. They told that they heard loud sounds as if the doors and windows were opening & closing automatically.

He asked me to come to his home and clean it from all kinds of negative forces living there but I asked him to do SAMDA & HMF to get rid of these issues himself. He said that it's not possible as he had tried everything to eliminate these things but failed. I told him that HMF is above these issues. It's a very powerful positive force which is enough to end all kinds of negative forces. So he agreed to do the courses and got rid of those issues completely. He got his family back. He was crying with happiness and I was also very happy to see that he has gotten everything back in his life which was lost due to the presence of those negative forces.

Invisible creatures & powers exist around us but we can't see them. Animals and birds can see or feel those things which we can't do. It does not mean that human beings are less powerful than any other creature but those powers are not activated in them. That's why animals and birds can sense what we can't. I recently have gone through a scientific research which proves that birds can see the magnetic power of earth. We also know that birds can sense the upcoming weather condition. Therefore it has been noticed that before a calamity hits a place, birds leave it long before, as they can sense the upcoming hurricane or calamity before our machines start showing up the signs of such unfavorable weather condition.



Dolphins also have more senses than human beings and can feel certain things very fast. Birds have also natural sensors working in them which make them go to their destinations directly. They don't forget the way and reach where they want to.

Man has also a lot of invisible powers and knowledge which guided him to make latest inventions and development. Today we see astonishing progress in technology, though it has created a lot of issues for man but still it is a sign of progress. All these designs were already present inside the human mind as software which he converted into reality as hardware. All ideas are like software and when these ideas are converted to reality, the reality represents the hardware.

HMF is that sense power inside you which makes you do amazing things automatically. You feel surprised how you have passed your whole day in happiness and relaxation while achieving all your goals beautifully. It changes you and your personality. It brings those changes in your thinking and your life that no education at school/colleges or at home can do. You feel to be a totally changed person. You become calm down with no anger or negative thoughts at all. It helps you take the right decisions and go to earn through fair means.

HMF also involves no restriction as involves in all above-mentioned methods. I never ask my patients or my students to do certain things and not to do other things. Yes in case of chronic issues, I ask them to follow the preventive measures prescribed by their doctors. But in case of my training, I never suggest anything specific to do or not to do as my methods involve no side effect at all.

After doing HMF, human life and personality changed totally and they are forced to live a happy, healthy & successful life as they want.

Now I'll discuss the levels of HMF and their respective benefits in detail.



Chapter# 2

Levels of HMF - Human Magnetic Force

HMF has 6 levels. Level means the frequency of power, starting from low to high. Like if you do level 1, you will not have that frequency of power which is present in higher levels.

We categorize these levels as follows:

- HMF Level 1
- HMF Level 2
- HMF Sub-level
- HMF Level 3
- HMF Master Level

Up till now, those who did the higher level have reached up to level 4 and master level of level 1 & 2. No one has done the master level of Sub level and level 3 of HMF. Similarly, no one has done the grand grand master level of SAMDA and grand master level of HMF so far.

Every level has its own frequency which can be used to up to a certain limit. Like in level 1, you can achieve daily goals. You write goals, magnetize them through specific methods and achieve them fast and easily. It also makes you peaceful, relaxed and positive. It improves your thinking and organizes your life.

You feel surprised that if the 1st level has such power that how much power will be there at the higher levels. When you proceed to the higher level you feel the higher frequency of power. After 2 levels, you think that they can be no power above that but when you do sub-level you feel that it has more for you. After doing sub-level you feel no need to use level 1 & 2.

Similarly after doing level 3, you don't need to use the previous level. You just move on and do level 4 and then level 5 to get more power. And when you do level 6, you can use it for real health, happiness and success. You write it that first comes your health and then comes your happiness, the happiness in everything you do or have in your life.



It is the real success. HMF forces you to make it happen in your life. It drives you toward that path to success.

Sometimes people lose interest and don't follow the rules to reach their goals but HMF keeps you aware, fresh and energetic to chase your goals and achieve them fast. It makes you perform better in everyday life. Your mind starts working fast and your body feels energetic and powerful to achieve your goals. More powers you get, more energy you feel to get what you want.

The world of these high energy levels is really amazing. As you will proceed to a higher level, you will feel the difference in your energy and your powers. You will feel that where you were before and where you have reached now. Life is all about reaching higher levels of success and achievement. If you have power or force, you can achieve anything you want. More levels you will reach, more power you will have and more goals you will achieve in life.

So it was all about levels of HMF. Now I'll move ahead to discuss what we can achieve through HMF and what do people say after getting this power and using it for achieving the great goals of life.



Chapter# 3

Benefits of HMF - Human Magnetic Force

The benefits of HMF are unlimited but I'll start with the best ones here.

HMF CHANGES YOUR THINKING

HMF can change your thinking. It lowers the frequency of negative thinking and boosts the frequency of positive thinking. You get rid of anger, scattered thoughts, doubts, fear, bad behavior and unnecessary argument.

With the higher level of positive energies, you feel more energetic, strong and powerful. You stay ready for the work and don't feel tired. Whether you do a physical activity or perform a mental activity, your mind and body stay active, alert and energetic all the time.

HMF CREATES HOPE

The biggest quality of human beings is tolerance, endurance, patience and hope. HMF creates hope. It creates passion, determination and perseverance. You feel being a stronger person, not a weaker one. It makes you excel in life and reach the point you often dream about with quality & success.

HMF IMPROVES RELATIONSHIPS

HMF improves your relationships. The relationship with your health, with your finance, with your family & friends and all other kinds of relationships including the relationship between husband and wife, the relationship between parents & children, the relationship between brothers & sisters, the relationship between friends & colleagues and business relationships, all can be improved with the help of HMF.

It boosts your decision power as well. You start performing better and start taking the right decisions in life.



HMF ENSURES AN ORGANIZED LIFE

With HMF your life becomes very organized. You develop a habit of writing daily, weekly, monthly, yearly goals and make very good plans to achieve them with the power of HMF. HMF forces you to write goals and achieve them accordingly. It organizes the scattered thoughts and provides an organized way of thinking and performing. Through such an organization in your life, you get great success in goal achievement which you have never thought about in your life before doing HMF.

It leads towards a beautiful and happy life with success, peace and satisfaction in all aspects.

HMF MAKES YOU A BETTER HUMAN BEING

An amazing and great benefit of HMF is making you a better human being with a passion to take care of others living around you. It forces you to do this and you start working for the wellbeing of other human beings as well.

HMF HELPS TO FIND & ACHIEVE YOUR AIM OF LIFE

With HMF you can find & achieve your aim of life easily because you get power, passion and confidence. You get confident and do everything energetically. It keeps you alert, focused and active. HMF automatically takes you to the way towards your desired destination.

HMF GIVES YOU AN APPEALING PERSONALITY

HMF gives you an appealing & attractive personality. It creates an amazing light into your eyes and your overall personality that attracts others towards you. The way you talk, the way you act and overall body language can be improved by HMF. People start trusting you and aspiring to become like you.

HMF BOOSTS BRAIN POWER

HMF is very useful for boosting your brain power. You can use your mind and brain power in a maximum and best possible way. You feel enhanced capability to think & decide better day by day. It keeps you alert & focused to achieve your daily, weekly, monthly & yearly goals properly. This thing makes you live in the present which is number 1 success factor in the world's most successful people.



HMF MIND MESSAGING

HMF can also be used for sending mind messages to other people like telepathy but only for positive purposes. As I already mentioned that HMF is 100% positive power and can never be used for anything wrong, therefore it can send positive messages only for the fulfillment of good desires or achieving positive goals. Such positive mind messaging plays a very important role in changing other's mentality and make them do the right things when you are not able to say it in words.

It's like you think an idea in your mind and want other think in the same way then you can do it with HMF. But no side effect is involved in it. If you don't want others to know what you think, it will not convey the message. It's 100% in your own control and can never do anything wrong to anyone. It has been tested on millions of people so far and no one has ever got any kind of side effect.

HMF GUARANTEES FINANCIAL SUCCESS

As HMF helps you achieve daily goals successfully, it paves the way towards your financial success. You perform better, take the right decisions and build better professional relationships which ensure your success in terms of finance.

Even if you have nothing or living like a beggar with no food, home or family even then HMF can help you build your own empire through step by step practical approach. I have discussed a story of a person who made his way from sleeping on a footpath to living a healthy, happy and successful life of his own choice.

I have 1000s of such stories to mention here in this book but it will take very long to finish so I have mentioned just a few in the upcoming chapter.



Chapter# 4

Experiences with HMF

For experiences with HMF, I'll start it with myself. I'll explain how HMF has changed my life and took me to a level where I wanted to reach. I have got everything in my life I wished for. It has brought a lot of changes in my life and made me what I wanted to become.

Apparently I was a simple child like others but I had some inborn supernatural powers which were rare to find in someone else. My world was totally different from the world of other children. After passing just a few years, I started understanding my powers and decided to do research over it. But it was not an easy thing for me.

On one hand, I had a passion for learning and on the other hand, I had to fulfill my responsibilities. I had to take care of family, proper food arrangement and my education. Managing all these things simultaneously was a difficult thing but I used the power of HMF and started achieving my goals. I managed to get out of the hard times of my life gradually reach the level I wished for.

My passion for reading & writing has grown with time. It has become like a food for my mind. I was a simple child of a simple family who achieved the goal of introducing such knowledge to the world which has never been thought by others. I invented a new & unique kind of knowledge including SAMDA, HMF & PMBL.

I trained people from all walks of life. Even those who had no education and no skill came to me for training and I made them achieve everything they wanted in life.

I developed the great leadership skills and became the best orator, an author and the anchor of my top rated health show. Above all, I learned to live a healthy & happy life. I saw that people around me were not happy and healthy. You have also noticed that people are not living a happy and healthy life actually. Even when I started my company and hired the professionals, I noticed that employees often went on a leave due to the disturbed health condition. All the people working with us were not healers, so they used to face everyday health issues most of the time.

They were having various kinds of chronic health issues I was surprised to see. I have seen those chronic issues in elderly people only but it was surprising for me to find those issues in young people. The age group of my staff was 20 – 38 years, just 2% were around 40-43 years. I realized that it's common everywhere. Young and old both



were suffering from various types of chronic issues for having unhealthy and unnatural life all around. While we at comparatively mature age level were healthy, happy and active. We were living a life full of energy and fun.

So I attuned my workers with SAMDA & HMF and found that all those diseases were cured gradually. They felt starting a new life which they have never lived before. It's natural that if people are working in your company, you want them more productive, energetic and creative. That's why I offered SAMDA 1-4, HMF 1 & PMBL 1st course to my workers for free. But training my own employees was a different kind of experience. They are basically focused on the salary they get by working for you instead of taking benefits of what is being taught.

If you offer them free courses, they don't take it seriously and don't focus to use it to improve their skills & performance while if you offer them courses for a fee, they never take interest to do it. Therefore I offer the basic level of SAMDA, HMF & PMBL for free. PMBL stands for the Power of Mind & Body Language which is another course I give training for. I am also writing a book on PMBL which you will have soon for reading PMBL in detail. I have discussed it in my previous books as well but this time I am going to write in detail how it works and what it can do for you.

At our office, we arrange the best facilities for our employees and give them the best salary for their positions but we can't bring 100% change in their lives until they set their mind to improve. When a person comes to attend the session with a ready mind, he feels a complete change within an hour but those working with you see you all the time as an example, as a role model but they don't focus on changing their lives. Even if you take them as a part of your team serving the people to make their lives better but they focus on earning money mostly and bring little change in their personalities as compared to those who come with a set mind and who believe in it. They show real respect for me and this knowledge instead of showing a formal respect given by those serving you as employees. Such people change their lives within a session and prove it by their thinking & actions.

When we hire employees, we ask them how do they reach here and what they know about us. We want to know why they want to serve in our company. Some of them who are more sensible tell us that they have got enough knowledge about us and now understand what we do that's why they want to work with us while some say that they don't know what we do but they reached there just to get a job. We prefer to hire those who understand us and the mode of our working. I also offer them a free class on how to be more productive and creative for a company and how to get prepared for an interview through my specific formulas. I tell them that it is possible to get more success through what I am teaching you if you want.



Those who are ready to change their lives bring maximum change comparatively. They come with complete focus & interest in learning what I teach, leaving everything behind, investing their money, time and effort because they truly want a change. While those who are linked with you through some kind of financial benefit, either a monthly salary or getting more business opportunities from you, their focus revolves around money not around changing their lives.

My knowledge is for the betterment of all human beings. I want everyone to come & learn it to bring desired changes in his own life & in the lives of other people but the nature of my relationship with a person influences their preferences a lot.

Like if a vendor knows me, he will give me respect but actually he will be more inclined towards making more sales rather than thinking about changing his life and others by learning what I offer.

Similarly your employees who are working with you for 8 hours a day have a fixed mindset. This mindset is an outcome of their experiences with previous companies and bosses. If the previous company has fired them from the job for any reason they carry the same negative image in their mind and hardly think positive about improving the quality of their work at the current company and the overall quality of their lives while working in such an environment and watching people doing it actually.

Setting your mind is a very important thing as you are reading this book and making your mind, you can change your life within an hour. Most of the students do it online as it is the best option to learn it. My team guides you about the process and gives you specific timing to call me. I attune you on call and you feel a great change in your life. You feel that you are powerful and strong now. Some people take time but majority feels about 99% change in their life after getting attunement.

Thinking positive about bringing a change, about the course you are going to do and your master matters a lot. That's why I share everything about myself, how I started, what I have faced and how I reached this level to make you understand me before coming to take a class. I also discuss things about my team and their psyche to deal with them well.

HMF can really change your life up to 99% when you want to do. People share their experiences about how they have felt a tremendous change and how they used this power to change their family. We discuss it in a light mode during the session. Like when a student says that he has changed his wife a lot or another says that she has changed his husband a lot then I often say that if you can change your wife or your husband, you can change the whole world. It's true as well that if a person can change



himself and his closest relationship, he can really change anyone in the world with the power of HMF.

You can also change yourself, just contact my team now and they will guide you to get attuned by me online within a session and feel the change you've never thought about.

During the attunement process, my students see different kinds of colors, light waves of energy running through their body and making them light, clean and fresh. They feel like they are born today and living a new happy, fresh and peaceful life. It's like you put a cloth full of stains into a washing machine and within a few minutes it comes out as neat and clean piece with no stain left behind. HMF cleanses you in the same way, it motivates you to move ahead and live a new, happy and successful life like never before.

Here I want to share a few experiences of my students about how they came to me and how they have changed their lives and others in an amazing and interesting way.

A person who was interested in my courses started it by sending his family first. He was not sure that he will be able to do all these things or he could have such power inside which could really bring a big change in life. So he sent his family, his 3 children, wife and a sister to do HMF online.

After passing around 2 years, he witnessed such great changes in their personality, the way of thinking, health and energy that surprised him a lot. He compared himself with them and noticed that he was having everyday issues regarding his physical and mental health while those who were trained by me (Prof. Abdul Samad), were living an improved, healthy and energetic life. He felt great changes in their behavior as well.

These changes made him curious to discuss it with his mother. His parents were living in another city. He asked his mother about his family members and their overall behavior to get her opinion. His mother told him that they are really changed and have a very positive and successful life at the moment. His mother also asked him about the reason behind such great changes in their personalities. He told her about me, that Prof. Samad had trained them and changed their lives.

Such older people were used to watch me on TV, where I used to do my Top-Rated Health Show, 'Natural Health with Dr. Samad' regularly. His mother asked him to take her and his father to my session in order to do the same course which has changed the lives of their family members.

So he came to attend my session along with his parents. After getting attunement, there were tears in their eyes and they were feeling as all kinds of happiness have come to



their lives and they have started a new life that day. Her mother was suffering from a migraine like headache for a few years, particularly in her forehead, which is common in her age. Mothers at this age often take more stress and tension and develop this kind of headache mostly. Her headache was gone after attunement.

There was a feeling of happiness, peace and relaxation on their faces and eyes. Waves of happiness, light and energy were running throughout their body. They have broken the old shell of tension, diseases and negative thoughts. Now they have entered a super shield of positive power and energies where no negative effect could disturb their lives. In this way the whole family was changed and that 1 person who has sent few members of his family then referred around 150 more people to do HMF and change their lives and others positively.

I have trained thousands around the world during the last 2 decades or more, and everyone is having his own story to come to me and change their lives and others.

Another story is about the most unexpected changes I have brought in the life of a person. A person who was a thief before and resorted to begging when he first met me. After meeting me, his life was changed up to that level that no one could believe that he has been a beggar a few years back.

One day my car stopped at a signal and a young boy, around 20+ years of age, came to me and asked for money. He was asking money for food. He said he has eaten nothing and needs money to buy some food. I saw that he was a young person with no disability at all. He could work and earn like others but he was begging. He used to sleep on a footpath. I asked him why are you begging, you can work to earn. I gave him my card and asked him to meet me at my office. He said that he does not need that card, he needs money for food. I gave him some money and also asked him to meet me at my office. But he didn't come.

After passing around two months, I saw him on another signal. I stopped the car at the side and called him to come near. He came and again started begging for the same reason; food. I asked him why didn't he come to my office. He stared at me and after recognizing that I was the same person who has given him the card to meet at the office, he started making excuses that he has been very busy with other things and forgot about it. Also he said that he cannot do anything else as he has no skills and no degree that is required for most jobs. He also said that his mind is very weak and can't learn anything so he is begging.

He was just making excuses.

I asked him to come with me now. I wanted him to sit in the back seat of my car. However, there were some people sitting in the back, who asked me to take a taxi for



him instead of taking him in the same car. They were avoiding him due to the bad smell coming out of his clothes. But I knew that if I left him in a taxi, he would not come again. So I asked him to sit on the front seat of my car with me and took him to my office.

After reaching the office, we gave him neat clothes to wear. When he was neat and clean I made him sit on a chair near me and asked whether he thinks that all human beings are given the same powers to live a happy and healthy life? Don't you have the power to live a better life like others? He thought for a while and then started by focusing on his weaknesses and poor condition. He told that he has no home and sleeps on the footpath and using his shoe instead of a pillow. He had no degree and skills that would land him a job. His mind is too weak to learn anything.

I guided him that it is not true. All human beings are given powers but some use them and some don't use at all. If a person wants to use his powers he can really change his life and get as much as he desires. After discussing these things with him I asked to come tomorrow again and promised to provide him with food, money and clothes as I knew that he will not come without this offer. He felt a little change in his position and thinking but mainly remained focused on weaknesses. He wanted money not change. In his thinking, money was power, money was everything. Changing such people is very difficult but after an hour-long discussion, his thinking started to change. His focus on money shifted towards something better.

Next day he reached my office 2 hours before the given time and waited there until I asked him to come inside. I asked him where he slept last night. He told me that he once again spent the night sleeping on the footpath but he didn't feel like this was the place for him. He is a powerful and supreme creature with many qualities and powers who should not have to spend the night sleeping at such place. The next moment, he started crying and hugged me. He said that he does not want money or anything else but a change. He wanted to change his life and asked me to change him at any cost.

I asked him to sit and relax because I was going to take the responsibility to change his life. I started his training and arranged a job of peon in an office. I also gave him some books to begin his study to move ahead. Within a couple of years, he was able to pass intermediate and got a better position at the same office. He continued his studies and reached university level in a few years. With the increase in his qualification, his position increased as well. He reached the manager post at the same company where he has started as a peon. He was a changed man now.

No one could believe that he was the same person who used to sleep on a footpath and was suffering from different kinds of allergies and diseases caused by the pollution there. His complexion used to be darker because of the poor condition of the environment he used to live and sleep in. But he had changed himself completely and



no one could believe that he was the same person who was sleeping on the footpath a few years ago.

He started living a healthy, happy and successful life and married a beautiful girl of his own choice. He never wanted to share his past with anyone particularly his wife in fear of losing her forever. But I told him that while he can hide it from the rest of the world, he should not have secrets like this from his wife. He did the same. After knowing the fact, his wife was even more impressed and both came to my office. She had tears of happiness in her eyes and her gratitude was immeasurable. She thanked me for being the angel who changed her husband's life. She was also happy for having a husband who has changed his life completely with pure determination and a strong belief in his powers. She knew that such a person can do anything in his life. He could change her life and the lives of their coming generation. Also, she thanked me a lot for being the person responsible for all this. A simple meeting with a beggar had helped turn his life around completely.

So my dear readers, everything is possible. You can also change yourself. And if you can change yourself, you can change everything in this world.

FINAL WORDS

As I mentioned above that I have unlimited success stories to share with you where my students changed their lives by understanding the powers created for their own benefit and for the benefit of the whole universe.

But instead of looking for more success stories, it's time for you to become the Next SUCCESS STORY.....

Yes, YOU....you can also become the next success story & it's just 1 SESSION AWAY.

If you are thinking where to start from, I am giving out all options to move forward.

- ✓ Want to Read More Books for Free? [Sign Up Here](#) and get my recent 2 books for free.
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 - [World's Most Successful Healing System – SAMDA](#)
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 - Email: samadmusafir@hotmail.com OR info@drabdulsamad.com

Or if you want to discuss your issue in detail and GET FREE CONSULTATION from my team to help you choose the right course for solving your problems regarding any aspect of your life including physical, psychological, financial, spiritual or relationship etc. [fill out this form](#) and we'll get back to you as soon as possible.

Just 1 more thing....

If you have spent some time to read this book till the end, please just take '1-Step Forward' and let me help you change your life....

I am not talking about doing my highest level courses worth thousands of dollars but just investing less than \$100 to see how it works and how you can use it to really boost your talent, your personality, your skills and your happiness foremost.

Remember that the best investment is to invest in yourself.

Invest in yourself and see how you can change your life & others by using amazing universal powers + your potential.

[Fill this form](#), share your issue & let us guide you to the path of real SUCCESS you want.

Have A Great Life Always!

Prof. Abdul Samad.

